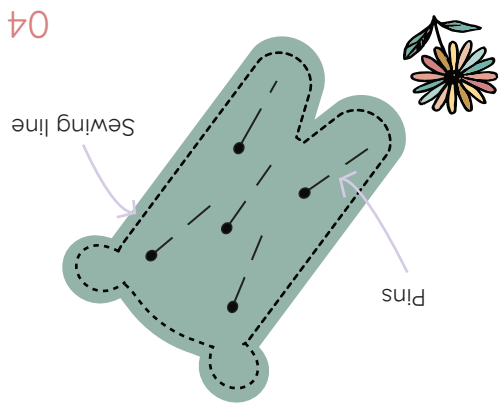


04



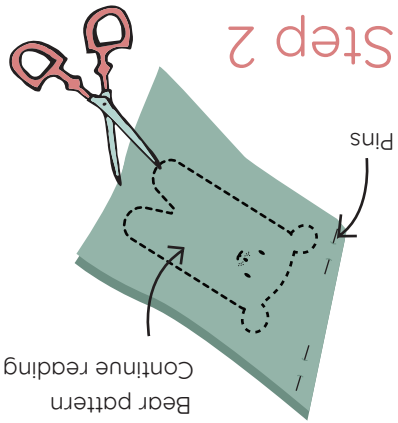
Using stitching needles, stitch the two pieces together, with the front and back aligning with each other. This will help you sew accurately later on.



### Step 3

03

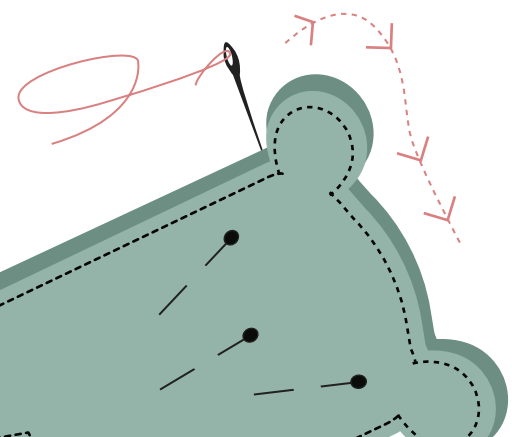
Next, cut out the full shape of the bear with its ears body and legs. Make sure to cut into the back piece of the bear (front and back).



### Step 4



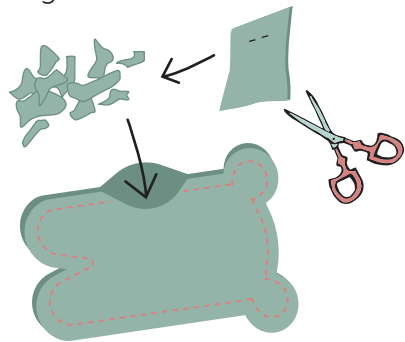
Once the pieces are stitched, start sewing the bear from the ears around the head, then sew the bear all around until only one side is open.



### Step 5

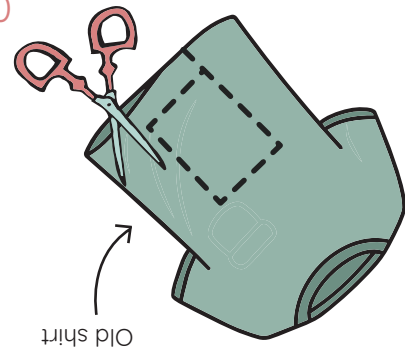


Then turn the bear inside out to hide the stitching lines. Using leftover pieces of the t-shirt, cut them into small pieces and use them as stuffing.



unfold the booklet to find step 6

02



By using an old, disregarded t-shirt, and the printed pattern, place the pattern on the shirt and stitch the paper onto the t-shirt..

### Step 1

## What is this ?

This pocket guide (also known as a zine) is simple and easy to follow instructions on how to create your own teddy bear at home using an old t-shirt.

An easy and fun way to learn how to sew at home.

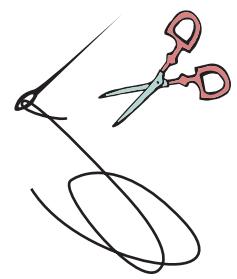
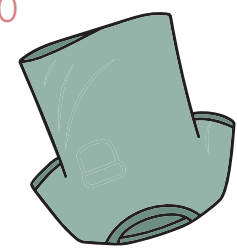
Pattern included.  
Read intructions to find the bear



Juara & Co



01



- Old t-shirt
- Needle
- Thread
- Scissors
- Pins

### Checklist



## T-bear Pocket Guide

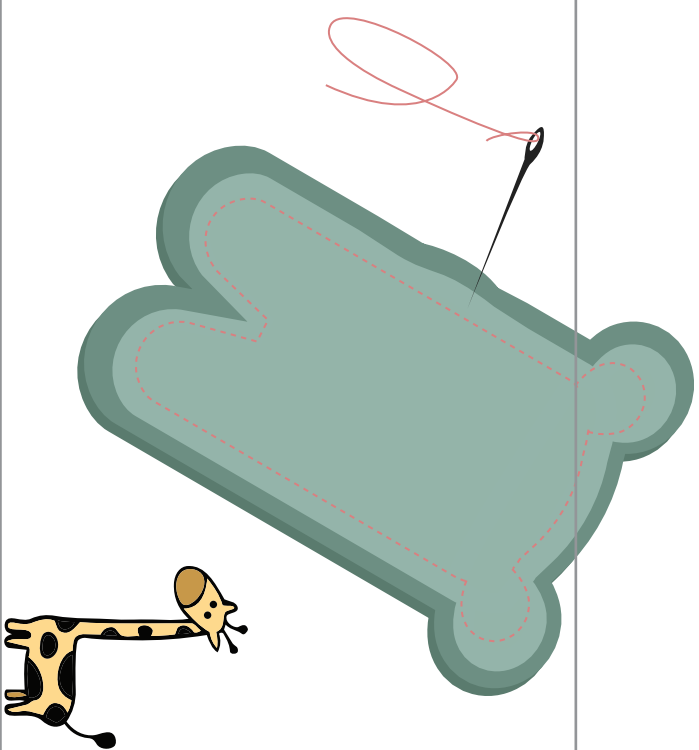
How to make a teddy bear from a t-shirt

1 - 2 hours



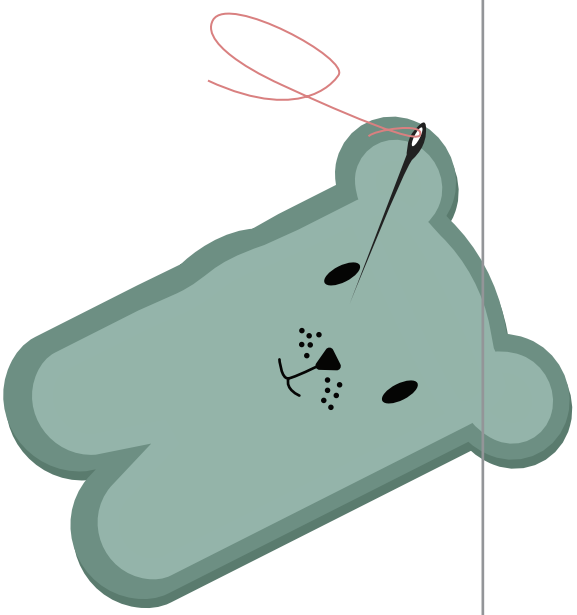
## Step 6

After stuffing the bear, start sewing the side. Make sure to fold in the sides to hide the sewing lines.



## Step 7

Draw or stitch eyes and a mouth for the bear. You can also use leftover threads to tie around the ears of the bear, making it look more natural.



Need Help ? Find it here:

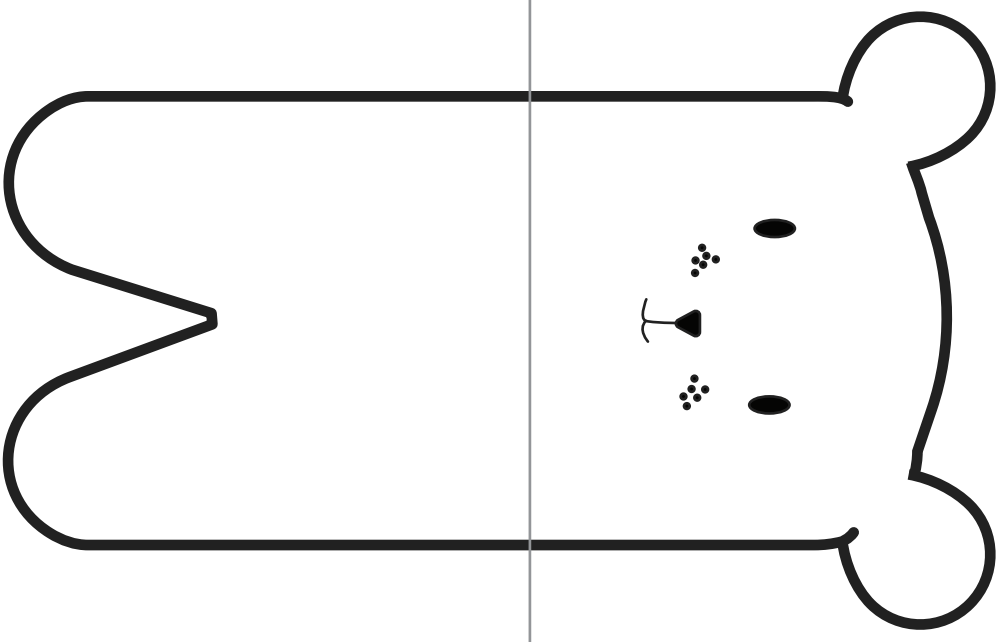
[www.juarabearco.com](http://www.juarabearco.com)



Visit our website to get more help with making your bear.

You can donate your bear to a charity of your choice to give it another life.

Cut here to remove pattern



Cut here to remove pattern